## **Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings of claims in the application:

## **Listing of Claims:**

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(Original) A method for modulating a person's autonomic function, the 1 1. 2 method comprising: interfacing a valve system to the person's airway, the valve system being 3 configured to decrease or prevent respiratory gas flow to the person's lungs during at least a 4 5 portion of an inhalation event; permitting the person to inhale and exhale through the valve system, wherein 6 during inhalation the valve system functions to produce a vacuum within the thorax to transiently 7 8 decrease intrathoracic pressure and thereby modulate the person's autonomic function. 2. (Original) A method as in claim 1, wherein the valve system includes a 1 2 pressure responsive inflow valve, and further comprising setting an actuating pressure of the valve to be in the range from about -2 cm H2O to about -30 cm H2O. 3 (Original) A method as in claim 2, further comprising setting the 3. 1 2 actuating pressure of the valve to be in the range from about -3 cm H2O to about -12 cm H2O for 3 flow rates between about 30 to about 50 liters per minute. 4. (Original) A method as in claim 1, wherein during inhalation the valve 1 system functions to decrease the person's heart rate and peripheral vascular tone. -2 (Original) A method as in claim 1, wherein during inhalation the valve 1 2 system functions to increase blood flow back to the right heart of the person, thereby enhancing 3 vital organ perfusion and function. 1 (Original) A method as in claim 1, wherein during inhalation the valve

system functions to increase heart rate variability.

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monitored physiological parameter.

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1 7. (Original) A method as in claim 1, wherein during inhalation the valve 2 system functions to decrease sympathetic tone. 8. (Original) A method as in claim 1, wherein during inhalation the valve 1 2 system functions to reduce the person's anxiety level. 9. (Original) A method as in claim 1, wherein during inhalation the valve 1 system functions to treat shock secondary to hypovolemia, sepsis and heart failure. 2 10. (Original) A method as in claim 1, wherein during inhalation the valve 1 system functions to treat sleep disorders, wherein at least one of the sleep disorders comprises 2 3. apnea. 1 11. (Original) A method as in claim 1, wherein during inhalation the valve 2 system functions to treat states of hypo-perfusion that are selected from a group consisting of 3 wound healing, stroke and diseases where blood flow is compromised, wherein at least one of 4 the diseases comprises coronary artery disease. 12. (Original) A method as in claim 1, wherein during inhalation the valve 1 system functions to improve blood flow to the muscles and brain, thereby reducing heart rate and 2 3 enhancing recovery from physical exertion. 1 13. (Original) A method as in claim 1, wherein the valve system is incorporated into a facial mask or a mouthpiece, and further comprising coupling the facial mask 2 3 or the mouthpiece to the person's face. 1 14. (Original) A method as in claim 2, further comprising coupling at least 2 one physiological sensor to the patient to monitor at least one physiological parameter of the person while breathing through the valve system, and varying the actuating pressure based on the 3

15. (Original) A device for modulating a person's autonomic function, the
device comprising:
a housing having an opening that is adapted to be interfaced with the person's
airway; and
a valve system that is operable to regulate respiratory gas flow through the
housing and into the person's lungs due to inhalation, the valve system assisting in manipulating
intrathoracic pressures during inhalation to produce a vacuum within the thorax to transiently
decrease intrathoracic pressure and thereby modulate the person's autonomic function;
wherein the valve system is configured to permit respiratory gases to flow to the
person's lungs when the negative intrathoracic pressure reaches a pressure in the range from
about -2 cm H2O to about -30 cm H2O in order to modulate the person's autonomic function.
16. (Original) A device as in claim 15, wherein the valve system is
configured to permit respiratory gases to flow to the person's lungs when the negative
intrathoracic pressure reaches a pressure in the range from about -3 cm H2O to about -12 cm
H2O
17. (Original) A device as in claim 15, wherein valve system comprises an
inflow valve that is selected from a group of valves consisting of a fish mouth valve, a spring-
poppet valve, a ball valve, a flexible plug valve, a slotted airway resistance valve, a movable disl
valve, a compressible airway valve, an iris valve and a sequential series of adjusting valves.
18. (Original) A device as in claim 15, further comprising at least one
physiological sensor that is attachable to the patient to monitor at least one physiological
parameter of the person while breathing through the valve system.
19. (Original) A device as in claim 15, further comprising a facial mask
coupled to the housing.

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I	20. (Original) A device as in claim 13, further comprising a mountiplece
2	coupled to the housing.
1	21. (Original) A method for assisting a person in recovering from physical
2	exertion, the method comprising:
3	interfacing a valve system to the person's airway, the valve system being
4	configured to decrease or prevent respiratory gas flow to the person's lungs during at least a
5	portion of an inhalation event;
5	permitting the person to inhale and exhale through the valve system, wherein
7	during inhalation the valve system functions to produce a vacuum within the thorax to improve
3	blood flow to the muscles and brain, and to reduce the person's heart rate.
1	22. (Original) A method as in claim 21, wherein the valve system includes a
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2	pressure responsive inflow valve, and further comprising setting an actuating pressure of the
3	valve to be in the range from about -2 cm H2O to about -30 cm H2O.
1	23. (New) A method for treating a person, the method comprising:
2	interfacing a valve system to the person's airway, the valve system being
3	configured to decrease or prevent respiratory gas flow to the person's lungs during at least a
4	portion of an inhalation event;
5	permitting the person to inhale and exhale through the valve system, wherein
5	during inhalation the valve system functions to produce a vacuum within the thorax to treat
7	hypotension, shock secondary to hypovolemia, sepsis and heart failure.